

Tripura University
SYLLABUS
of
NSS
(National Service Scheme)
for
Colleges
[Value Added Course]



Session: 2023-24

PAPER NAME: NSS -01

CREDIT: 02

Total Marks: 100

- i. THEORY – 40 Marks (10-Classes)**
- ii. PRACTICAL (PROJECT / FIELD WORK)– 60 Marks (10-Activities)**

As per the guidelines of Activity Forum of National Service Scheme, under the Ministry of Youth Affairs & Sports Govt. of India, popularly known as NSS, the following activities may be undertaken as syllabus of CBCS system. The template of NSS Curriculum designed by CUBE-UGC-MYAS, GoI, (vide letter D.O.No.F. 1-7/2011 (CPP-II), dated 13th August, 2015 from UGC) has been considered while preparing the following NSS-Syllabus.

Objectives of the Paper:

- i) To gain skills in programme development to be able to be self-employed.
- ii) To achieve improvement in personality, leadership qualities, national outlook and a sense of civic responsibility.
- iii) The above objective demands professional volunteerism in the domain of social development.

Theory: 40 Marks

Unit – 01: Introduction and Basic Concepts of NSS (05 classes)

- History, Philosophy of NSS
- Aims and Objectives of NSS
- Emblem, Flag, Motto, song, badge etc.

Unit – 02: Concepts on Extension Activities(05 classes)

- Concept of regular activities, Basis of adoption of village/slum, Maintenance of Diary
- Youth as an agent of social change, Shramadan and Indian tradition of volunteerism

PRACTICAL (PROJECT / FIELD WORK): 60 Marks

Unit – 03: National Integration Camp, Shramdaan & Plantation

- a. The selected village will be visited to organize awareness camp on Agriculture, and Environment awareness.

b. Voluntary Shramadaan to the selected village will be given by the volunteers at least 4-visits in a month are required. This programme is mandatory for each and every volunteer.

c. At least one sapling to be planted every month by the each volunteer in the College ground/Adopted villages in a semester to protect the environment

**Unit – 04: Blood Donation Camp and Immunization, HIV/AIDS Awareness
(02 SESSIONS)**

a. The programme on blood donation camp will be conducted two times in a year where each and every volunteer participate to achieve our target.

b. Awareness Camp on health related issues to be organized at least one in a month on HIV/AIDS, Communicable/Non-Communicable diseases, Pandemic etc.

PAPER NAME: NSS -02.

CREDIT: 02

Total Marks: 100

iii. **THEORY – 40 Marks (10-Classes)**

iv. **PRACTICAL (PROJECT / FIELD WORK)– 60 Marks (10-Activities)**

Theory: 40 Marks

Unit – 01: Social Harmony, National Integration (05 classes)

Principles of NSS & Key elements of NSS

Indian history and culture, youth in peace-building, conflict resolution and Nation building

Communication process & methods,

Unit – 02: Application of Life Competencies (05 classes)

Rural psychology

Adoption and diffusion of innovations, programme planning

PRACTICAL (PROJECT / FIELD WORK): 60 Marks

Unit – 03: Disaster Management and Adventure Programmes

a. Volunteers will take great interest in collecting the donation for the Natural Calamity. They will also participate in the programme of disaster management.

b. Exposure visit to BSF Camp, Air Port, Hospital, Village etc. for the young students and youth, in order to inculcate spirit of adventure and team spirit.

Unit – 04: Visit & Rally: (4 visits)

Participation in the State Government sponsored rally, book fair and any programme organised by the State Government OR sponsored by the Central Government of Ministry of Education. Volunteers should visit the adopted villages of the College to conduct Rally or Awareness Programme. A report of 1000 words has to be submitted by the volunteer at the end of the exposure visit / rally.

Mentor/Instructor: The Programme Officer of NSS Unit, of the concerned college may act as a Mentor or Instructor or any teacher other than P.O may be engaged as a mentor / Instructor.

WhatsApp Group: The instructor will monitor the volunteers through Whatsapp group and group email to disseminate any information or to collect any information / picture of the programme etc.

Activities to be Completed:

Total ten (10) Activities will have to be completed during the session along with the activities of the governments (State and Central).

Method of Practical Marks Calculation:

The marks of Practical will be calculated based on the activities attended/ completed by the volunteers like: $60/10 \times \text{no. of activities attended/completed by the volunteers}$. However, the mentor may use his/her own method for calculation of practical marks taking help from any external expert of any background from academic institutions or Line Departments of State Government.

References:

1. Arther E. Fink Field of Social Work Henry and Company : New Delhi .
2. B. Roodramoorthy Extension in Planned Social Change (The Indian Experience) Allied Publishers Private Limited Bombay - New Delhi - Calcutta - Madras London - New York . (1964)
3. Alex, G., Zipp, W. & Byerelee, D. 2002. Rural Extension and Advisory Services – New Directions, Rural Development Strategy Background Paper No. 9, Agriculture & Rural Development Department. Washington, DC: The World Bank.