



TRIPURA UNIVERSITY



Name of the Faculty: Prof. Anjana Bhattacharjee, Ph.D

Designation: Professor & Head

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1. ACADEMIC QUALIFICATION

- **Ph.D** in Applied Psychology from the **University of Calcutta in 2006.**
- **M. A. in Clinical and Forensic Psychology** from the Department of Applied Psychology, University of Calcutta securing **First Class** in **2000.**
- **B. A. in Psychology (Hons.)** from Tripura University securing **First Class First Position** in **1998.**

2. ACHIEVEMENTS/AWARDS/ HONOURS

- **Gold Medal** in B. A. (Hons.) for securing **1st Class first** position.

- **Indrani Banerjee Memorial Award** for securing **highest marks** in Psychology (Hons.).
- **Rajobala-Suresh Chandra Nandi Award** for securing **highest marks** in Psychology in H. S. (+2 stage) in Tripura (**State Level**).
- **Best Paper Award** in the 48th National and 17th International conference of IAAP organized by the P.G Dept of Studies and Research in Psychology, Karnatak University [**Year 2013, in the Scientific Session 7 on ‘Psychology in the Public Interest’**]
- **Best Paper Award** in the International Conference on Law, Education and Humanities organized by the International Centre of Economics, Humanities and Management **at Pattaya, Thailand [Year, 2014]**
- **Second Best Paper Award** in the National Conference on Adolescent Development: Issues and Challenges organized by Psychology Research Unit, Indian Statistical Unit [**Year 2015, in the technical session on ‘Social and Emotional Development’**].
- **Shri Satpal Malhotra Memorial Award** for the Best Paper published in the Indian Journal of Psychology and Education [**Year 2016, Vol 6**].
- **Excellent Paper Award** in the International Conference on Business, Economics Social Science and Humanities organized by IRAJ Research Forum in Association with Institute of Research and Journals, Bangaluru [**Year, 2016**]
- **Faculty Award** for academic and research achievement during the period of 2015-2020 at Tripura University.
- **Award of Appreciation** for being the speaker in the Internal Virtual conference on Protection of Rights and Dignity of the Elderly jointly organized by the Hindustan College of Arts and Science, India and Western Philippines University. [**Year, 2021**].
- **InSPA Best Presentation Award 2026** at the 16th InSPA International Conference organized by the Indian School Psychology Association (InSPA) in collaboration with NKT National College of Education, Chennai held on 5th to 7th August 2026 at Chennai [**Year 2026, in the scientific session 5**].
- **Operational Master Trainer** (for the state of Tripura) for providing training programme on National Survey on the Extend and Pattern of Substance Abuse in India conducted by AIIMS and NISD under the Ministry of Social Justice and Empowerment, Govt. of India (Former).

3. PRESENT INSTITUTIONAL RESPONSIBILITIES

- Head, Department of Psychology, Tripura University, Tripura
- Professor, Department of Psychology, Tripura University, Tripura
- Counsellor, Tripura University
- Coordinator, Women’s Studies Center, Tripura University
- Nodal Officer, National Task Force, Tripura University.
- Member, Internal Complaint Committee (ICC), Tripura University
- Member, Anti Ragging Committee (ARC), Tripura University
- Chairperson, Board of Post Graduate Studies in Psychology, Tripura University
- Chairperson, Departmental Research Committee in Psychology, Tripura University

- Chairperson, Board of Undergraduate Studies in Psychology, Tripura University
- Member, Research Advisory Committee, Department of Psychology, Tripura University
- Member, Research Advisory Committee, Department of Education, Tripura University
- Member, Research Advisory Committee, Department of Physical Education, Tripura University
- Member, Research Advisory Committee, Department of Philosophy, Tripura University
- Member, Research Advisory Committee, Department of Economics, Tripura University

4. PAST ACADEMIC AND ADMINISTRATIVE EXPERIENCES

- Associate Professor, Department of Psychology, Tripura University
- Assistant Professor, Department of Psychology, Tripura University
- Deputy Coordinator, Students Welfare Cell, Tripura University
- Founding Head (In-charge), Department of Psychology, Tripura University
- Member, BPGS, Department of Psychology, Tripura University
- Member, Anti Ragging Squad, Tripura University
- Member, BPGS, Department of Business Management, Tripura University
- Member, Standing Committee, Women's Study Center, Tripura University
- Member, Internal Quality Assurance Cell, Tripura University
- Member, Research Advisory Committee, Department of Fine Arts, Tripura University
- Member, Research and Collaboration Cell (Under Subcommittee 3- Collaboration and Community) of Tripura University.
- Member, Research Advisory Committee, Department of Rural Studies, Tripura University
- Guest Teacher of various Departments of Tripura University like Liberal Arts, MBA, and RMD.
- Convener/coordinator/Nodal person/Member of different committees for organizing different student related Activities (like seminars, lectures, workshops, webinars, awareness programmes etc.)
- Member of different organizing committees for various activities of Tripura University like convocations, visit of the European Union -India delegation etc.
- Academic Counselor, Directorate of Distance Education, Tripura University
- Assistant Professor, Department of Psychology, M.B.B. College, Agartala, Tripura.
- Academic Counselor, IGNOU, Tripura
- Contractual Full Time Lecturer, Department of Psychology, Surendra Nath College, Kolkata, West Bengal.
- Project Director, Human Development and Research Institute, Kolkata, West Bengal.

5. TEACHING AND RESEARCH EXPERIENCE

5.1 Teaching: 18 years

- PG: 14 years
- UG: 4 years

5.2 Research: 17 years

6. TEACHING AND RESEARCH INTERESTS

6.1 Teaching Interests:

- Positive Psychology
- Clinical Psychology
- Health Psychology
- Counselling and Psychotherapy
- Research Methodology

6.2 Research Interests:

- Adolescents' Mental Health
- Mental Health of Young Adults
- Child Abuse and Neglect
- Violence Against Women
- Mental Health of Women
- Addiction and Suicide Prevention

7. RESEARCH SUPERVISION

7.1 PhD Research:

- **08 Awarded**
 - ✓ Dr Rebeka Debbarma (Awarded in 2018)
 - ✓ Dr. Amrita Banerjee (Awarded in 2019)
 - ✓ Dr. Sukriti Banda (Awarded in 2019)
 - ✓ Dr Santanu Ghosh (Awarded in 2020)
 - ✓ Dr. Nabanita Banik (Awarded in 2020)
 - ✓ Dr. Ivan das (Awarded in 2023)
 - ✓ Dr. Tatini Ghosh (Awarded in 2024)
 - ✓ Dr. Arundhuti Roy (Awarded in 2026)
- **04 Ongoing**

7.2 PG Dissertation:

Guided more than **60 students** in their dissertation work (Project work) for pursuing their Master's Degree in Psychology.

7.3 UG Project:

Guided more than **20 students** in their project work for fulfilling their bachelor's degree (B.A Hons. & Pass in Psychology)

8. COMPLETED RESEARCH PROJECTS

Completed 06 research projects (including both major and minor research projects) funded by Govt. of Tripura (05) and Women's Studies Centre (01), Tripura University.

9. RESEARCH PUBLICATIONS

9.1 Book [N=02]:

- **Anjana Bhattacharjee** (2020). *Kukis in Tripura: A Glimpse*. Tribal Research and Cultural Institute, Govt. of Tripura, Tripura.
- Sibnath Deb and **Anjana Bhattacharjee** (2009). *Mental Depression-The Silent Killer*, Concept Publication Company, New Delhi.

9.2 Book Chapter [N=10]:

- Roy, A., & **Bhattacharjee, A.** (2025). Internet addiction and resilience. In Sukla & Dubey (ed), *Mental Health: Promotion and Prevention* (pp 678-695), Motilal Banarsidass Publishing House (MLBD), Delhi.
- Roy, A., Ghosh, T, & **Bhattacharjee, A** (2025). 'The Silent Suffering: Gender Inequality and workplace Harrassment against Women' in Nanglu & Sen (ed), *Work Place Well being: A Mental Health Mannual* (pp 1-18), Premier Printing Press, Jaipur.
- Ghosh, T, & **Bhattacharjee, A** (2025). 'Shaping Healthy Self-Esteem in Adolescents: The Power of Attachment with Parents and Peers' in Sukla & Dubey (ed), *Mental Health in School Settings* (pp 333-351), Motilal Banarsidass Publishing House (MLBD), Delhi.
- Bhowmik, M., & **Bhattacharjee, A** (2024). 'Exploring Sexuality: A Psychological Stance in India'. In Pant, N (ed), *Psychology of Sexuality and Mental Health (Vol 1) Indigenous Practices* (pp 121-142), **Springer Nature, Singapore**.
- Bhowmik, M., Ghosh, T., Roy, A, & **Bhattacharjee, A** (2024). 'Mind and mentality: A systematic analysis of mental health of people with disability'. In Shyam, R et al. (ed), *Understanding Disability: An Interdisciplinary Approach* (pp 290-311), Centre for disability studies & Chaudhary Ranbir Singh Institute of Social and Economic Change, M.D. University, Rohtak in association with Kanishka Publishers Distributors, New Delhi.
- **Bhattacharjee, A** & Ghosh, T. (2020). 'Work life Balance: The Need of the Millennium'. In Mukherjee, D & Saha, M (ed), *Purvottaran the Rise of North East: Paradigms of Development in VUCA World*, **Bloom Bury**.
- **Bhattacharjee, A** & Debbarma, R (2018). 'Tribal youth in India: The scenario of mental health and wellbeing'. In Choudhury, J et al (ed), *Tribal Health: Issues, Challenges and Way forward* (pp 125-129), Tribal Research and Cultural Institute, Govt. of Tripura

- **Bhattacharjee, A & Banda, S** (2017). 'Perception of Social Support: A Study on Women Violence Victims of Tripura' In Majumder et al (ed), *Violence Against Women: Experiences from India's North East* (pp 59-71), The Women Press, Delhi
- **Bhattacharjee, A** (2014). 'Violation of Rights: A Study among Destitute Women of Tripura, In Majumder et al. (Eds.), *Women's Right as Human Rights in India: Problems and Paradoxes* (pp101-113), Axis Books Private Limited, New Delhi.
- **Bhattacharjee, A & Banerjee, A** (2014). 'Pattern of adjustment among medical students- A gender-based study'. In Mondal, A. et al (ed), *Best Practices in Students support and Progression* (pp 67-79), Basanti Devi College, Kolkata.

Other: Written two chapters for the Study Material for Distance Education for **Educational Psychology (UG level)** and this study material has been published (in the year 2013) by the Directorate of Distance Education, Tripura University.

9.3 Journal Articles (More than 100 articles published in different National and International Journals):

Selected list of Publications (Peer Reviewed Journals)

- Reang, B.S., Dutta, D. & **Bhattacharjee, A.** (2026). Psychological Challenges and Coping Strategies among Caregivers of Children with Disability (Divyang Children): A Systematic Review Analysis. *International Journal of Indian Psychology*, 14(2), 2528-2541. <http://doi.org/10.25215/1402.229>.
- Debbarma, R., **Bhattacharjee, A.**, & Ghosh, T. (2025). Mental health of internally displaced persons resettled at Tripura, a North Eastern state of India: the role of socio-demographic factors. *International Journal of Migration Health and Social Care*, 21(2), 275-287. <https://doi.org/10.1108/ijmhsc-09-2023-0090>.
- Roy, A., & **Bhattacharjee, A.** (2025). Internet Use and Personality Traits Among Adolescents: A Comparative Study across Gender, Community, and Urban-Rural Settings. *International Journal of Indian Psychology*, 13(4), 3404-3413. <http://doi.org/10.25215/1304.310>.
- Roy, A., Bhowmik, M., & **Bhattacharjee, A.** (2025). Mental Health issues among Indigenous People: A Global Perspective. *Mind and Society*, 14(1), 47-55. <https://doi.org/10.56011/mindmri-141-20257>
- **Bhattacharjee, A & Ghosh, T.** (2024). Predictors of quality of life of cancer patients: A psycho-oncological study conducted at Tripura, North-East India. *Indian Journal of Cancer*, 61(1), 105-113. http://doi.org/10.4103/ijc.ijc_389_21.
- **Bhattacharjee, A, Roy, A & Ghosh, T.** (2024). Webbed in Digital World: A Systematic Review on Factors of Internet Addiction among Youths. *Journal of the Indian Academy of Applied Psychology*, 50 (1), 196-210.
- Das, I., & **Bhattacharjee, A.** (2023). Investigating rape myth in the prism of the Big Five Factors of Personality: An Explorative study. *Journal of Psychosexual Health*, 5(2), 84–88. <https://doi.org/10.1177/26318318231181690>.
- Das, I., & **Bhattacharjee, A.** (2023a). Examining the roles of prior victimization, perpetrator identity and the correlates of female rape myth acceptance among Indian

females. *Archives of Sexual Behavior*, 52(4), 1855-1868. <https://doi.org/10.1007/s10508-023-02547-0>.

- **Bhattacharjee, A & Ghosh T.** (2023). Spirituality and suicidal ideation among young adults: A study conducted at Tripura, North east India. *Science and Culture*, 89, 123-128. https://doi.org/10.36094/sc.v89.2023.Spirituality_and_Suicidal_Ideation.Bhattacharjee_Ghosh.132.
- **Bhattacharjee, A, Roy, A & Ghosh, T.** (2023). Perceived Stress and Resilience among Young Adults during COVID 19 Pandemic: A Cross State Study Conducted in NE Region of India. *Journal of the Indian Academy of Applied Psychology*, 49 (1), 19-27
- Das, I., & **Bhattacharjee, A.** (2022). Rape myth acceptance in Indian adults: A demographic analysis. *Demografie*, 64(1), 77-85. <https://doi.org/10.54694/dem.0290>.
- **Bhattacharjee, A & Ghosh, T.** (2022). Is there any relation between feeling of depression and personality dimensions among post graduate students of Tripura? An Exploratory Study. *Research and Reflections on Education*, 20 (1A), 72-75.
- **Bhattacharjee, A & Ghosh, T.** (2022). Academic Stress, Depression and Wellbeing among Students Pursuing Higher Education: A Cross-Sectional Study. *Indian Journal of Adult Education*, 83 (2), 157-171.
- **Bhattacharjee, A.** (2022). Mental Dispositions of Tribal Pregnant Women of Tripura. *Journal of Psychosocial Research*, 17(2), 505-512. <https://doi.org/10.32381/JPR.2022.17.02.22>.
- Ghosh, T. & **Bhattacharjee, A.** (2022). Understanding Suicidal Ideation among Adolescents of North East India through the Lens of Demographic Factors. *Demografie*, 64(4), 297-308. <https://doi.org/10.54694/dem.0308>.
- Das, I. & **Bhattacharjee, A.** (2022). A structural equation modelling approach to examine the relationship between loneliness, sexual desires and rape myth acceptance among young adults. *Science and Culture*, 88(5-6), 170-175. https://doi.org/10.36094/sc.v88.2022.A_Structural_Equation_Modelling_Approach.Das.170.
- Ghosh, E, Ghosh, S, **Bhattacharjee, A & Das, I.** (2022). Are there any Changes in Indian Dental Practice Due to COVID-19? An Exploratory Study. *Indian Journal of Psychology and Education*, 2(1), 68-73.
- Debbarma, R., Basu Majumder, C & **Bhattacharjee, A.** (2022). Prevalence of depression and anxiety in BRU community: A study on internally displaced persons resettled in the state of Tripura. *Science and Culture*, 88 (7-8), 237-243. https://doi.org/10.36094/sc.v88.2022.Prevalence_of_Depression_and_Anxiety.Debbarma.237.
- **Bhattacharjee, A. & Ghosh, T.** (2021). COVID-19 Pandemic and Stress: Coping with the New Normal. *Journal of Prevention and Health Promotion*, 3(1), 30-52. <https://doi.org/10.1177/26320770211050058>.
- Ghosh E., Ghosh, S., **Bhattacharjee, A., & Das, I.** (2021). Test construction and Assessment of Covid-led Fear, Anxiety and Change in Practice Patterns among Indian Doctors. *Science and Culture*, 87(7-8), 259-268. https://doi.org/10.36094/sc.v87.2021.Test_Construction_and_Assessment.Ghosh.259.

- Das. I. & **Bhattacharjee, A.** (2021). Factor Structure of the Updated Illinois Rape Myth Acceptance Scale in the Indian Context. *Psychological Thought*, 14(1). <https://doi.org/10.37708/psyc.v14i1.546>.
- Ghosh, I & **Bhattacharjee, A.** & Ghosh, S. (2021). Dental Anxiety and its correlation with perceived stress: A study on dental patients of Tripura. *Indian Journal of Psychology and Education*, 11(1), 93-96.
- Ghosh, S & **Bhattacharjee A** (2020). Pattern of internet use, anxiety, and depression among professional students of Tripura, India: an analysis. *OJPAS*, [10.5958/2394-2061.2021.00018.5](https://doi.org/10.5958/2394-2061.2021.00018.5).
- Banda, S & **Bhattacharjee, A.** (2019). Anxiety and Perceived stress among women Victims of Domestic Violence: A Comparative Study. *Indian Journal of Psychology and Education*, 9(2), 1-5.
- Banik, N & **Bhattacharjee, A.** (2019). Antenatal depression: A study on pregnant women of Tripura. *International Journal of Social Science Review*, 7(5), 1304-1306.
- Debbarma, R. & **Bhattacharjee, A.** (2018). Does Emotional intelligence of adolescents have an effect on their locus of control and adjustment pattern? An exploration. *International Journal of Social Science Review*, 6(10), 1926-1929.
- **Bhattacharjee, A.** & Debbarma, R. (2018). Impact of caring and over protecting parenting style on emotional intelligence and adjustment of school students. *Journal of Psychosocial Research*, 13(1), 91-100. <https://doi.org/10.32381/JPR.2018.13.01.10>.
- **Bhattacharjee, A** & Banda, S. (2017). Anxiety and Suicidal Ideation among Women Victims of Domestic Violence: A Cross -Sectional Study. *Indian Journal of Psychological Science*, 8(2), 58-65.
- **Bhattacharjee, A.** & Debbarma, R. (2017). Depression and parental bonding styles among school going adolescent of Tripura: A Comparative Study. *Indian Journal of Health and Wellbeing*, 8(6), 474-478.
- **Bhattacharjee, A** & Banerjee, A. (2016). State and trait anxiety among cancer patients. A comparative analysis. *Journal of Psychosocial Research*, 11(2), 427-436.
- **Bhattacharjee, A.** & Banda, S. (2016). The Ruined Childhood: Child Abuse with Special Reference to Tripura. *Journal of Psychological Researches*, 60(1), 31-40.
- **Bhattacharjee, A** & Banik, N. (2016). Antenatal Depression and Social Support: A study on Pregnant Women. *Indian Journal of Health and Wellbeing*, 7(5), 561-563.

10 PAPER PRESENTATION

Presented More than 80 empirical/ theoretical papers In International/ National/ Regional Conference/Seminar/Congress/ Webinar

10.1 Outside India (Organized by the foreign institutions/ organizations): 09

- Visited Bangladesh, Srilanka, Bhutan and Thailand for paper presentation

10.2 Within India: 75 (both International and National)

- Presented papers in conference/seminar/congress/webinar organized by various universities/institutions/organizations across India like
 - University of Calcutta
 - Bangalore University
 - Karnatak University
 - Guahati University
 - University of Hyderabad
 - Guru Jambheshwar University of Science and Technology
 - Mizoram University
 - Tripura University
 - Chaudhary Bansi Lal University
 - Punjabi University
 - Andhra University
 - Jagran Lake City University
 - The Psychology Research Unit- Indian Statistical Unit
 - Meerat College, Uttar Pradesh
 - M.B.B University
 - IGNOU, Tripura etc.

11. INVITED LECTURES

Delivered more than 145 invited lectures/ talks in various International/ National/ Regional/ Sate/ Intuitional Conference/Seminar/Congress/ Webinar/ Awareness Programmes

11.1 International Level:

- **Delivered more than 25 invited lectures/ talks** as Key note speaker/ resource person in conference/Seminar/Congress/Webinar/Symposium/Workshop organized by various organizations and visited **Vietnam, Bangladesh, and Nepal for delivering invited lectures.**

11.2 National/State/Institution Level:

- **Delivered more than 120 invited lectures/ talks** as speaker/ resource person in various Conference/ Seminar/ Congress/ Webinar/ Symposium/ Workshop/ Capacity building programme/ Awareness programme organized by various Govt. Institutions/ Organizations/ NGOs like:
 - SC and ST Development Department, Govt of Odisha
 - NCERT, New Delhi
 - National Federation for Communal Harmony
 - National Commission for Protection of Child Right
 - National Investigation Agency, Kolkata
 - Forum for Fast Justice, Mumbai
 - Institute of Management Studies and Research, M.D. University, Rohtak, Haryana

- Acharya Prafulla Chandra College, Kolkata
- Basanti Devi College, Kolkata
- Amity Institute of Behavioral & Allied Sciences (AIBAS), Amity University Mumbai
- Directorate of Social Welfare and Social Education, Govt. of Tripura
- Tripura Mahila Commission, Govt of Tripura
- Tribal Research and Cultural Institute, Govt. of Tripura
- KIDs Police Training Academy, Govt. of Tripura
- Tripura Judicial Academy
- Tripura Rural Livelihood Mission, Govt. of Tripura
- Tripura Nursing Council
- Tripura State Medical Council
- ICFAI University, Tripura
- MBB University, Tripura
- Holicross College, Tripura
- Reserve Bank of India, Agartala
- Seba O Sahayita Parishad, Tripura (NGO)
- Voluntary Health Association of Tripura (NGO)
- Vidhya Welfare Society (NGO)
- Change Initiative, Kolkata (NGO)
- District Child Protection Society, Tripura
- Tripura Adibashi Mahila Samity (NGO)
- Peanacea, Tripura
- SCERT, Tripura
- Tripura Commission for Protection of Child Right
- TSR Battalions, Tripura
- Land Port Authority of India, Agartala
- Airport Authority of India, MBB airport, Agartala
- Agartala Doordarshan
- Prasar Bharati (Agartala)
- Urban Resource Centre, Kunjaaban,
- Different Schools across the state
- Shaksam etc.

12. SUBJECT EXPERT/ INTERVIEW BOARD MEMBER

Acted as a Subject Expert/ Interview Board Member/ Expert Committee Member for various Educational Institutions, Govt Bodies and Public Service Commissions

13. PHD THESIS EVALUATOR

Examined a no of PhD thesis/ M.Phil thesis of different universities like

- **University of Dhaka (Bangladesh)**
- **Rajshahi University (Bangladesh)**
- University of Calcutta
- Guahati University
- Guru Jambheshwar University of Science and Technology etc.

14. MEMBER OF DIFFERENT ASSOCIATIONS/ORGANISATIONS (OUTSIDE TRIPURA UNIVERSITY)

- Executive Committee Member, Sivus International (A Voluntary Social Welfare Agency For Intellectually Handicapped Persons)
- International Advisory Board Member, School of Psychology, Nepal
- Member of Scientific Board of Arts, Literature and Social Sciences of International Centre for Economic, Humanities and Management.
- Member, Assistant Editorial Team, Mind and Society, An International Multidisciplinary Journal.
- Life Member and former State Convener, Indian School Psychology Association.
- Life Member, Indian Association for Social Science and Health (A Chapter of the Asia Pacific Network -APNET).
- Member, Editorial Board, International Journal of Education and Psychological Research
- Life member, Intellectual Foundation of India.
- Member, Editorial Board, Indian Journal of Psychology and Education.
- State Coordinator, National Association of Psychological Science.
- Member, UG Board of Studies in Psychology, M.B.B. University, Tripura.
- Member, Adoption Recommendation Committee, Education (Social Welfare & Social Education) Department, Govt. of Tripura (Former).
- Alternate Member, Aerodrome Committee, Airport Authority of India, Agartala Airport (Former)
- Ad hoc Manuscript Reviewer of different national and international journals

15. SEMINAR/ WORKSHOP/ LECTURE/ WEBINAR ORGANISED AS ORGANISING SECRETARY /CONVENER/ COORDINATOR

- ✚ International Webinar: **02**
- ✚ National Seminar/ Workshop: **04**
- ✚ State/ Institution Level Workshop/ Webinar/Awareness Programmes: **More than 25**

Besides, actively involved in many Academic, Cultural, Sports and Social Awareness Programmes organized by Tripura University.

16. EXTENSION WORK/ COMMUNITY SERVICE

Voluntarily provided services to various social agencies and organizations across the state. Helped in community outreach activities by active involvement in health camps, mental health awareness programmes, blood donation camps, gender sensitisation programmes etc.
