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Professor & Head

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Area of Research Interest: Psychology of Emotion, Organizational Psychology,
and Social Psychology

1) Education:

- PhD psychology from Department of Psychology, University of Pune, India
[April 2003]
- MA psychology from Department of Psychology, University of Pune, India
- BA psychology from Fergusson College, University of Pune, India

2) Present position/ Responsibilities:

- 2.1) Professor and Head, Department of Psychology, Tripura
University, Agartala, India
- 2.2) Convener, Research Ethical Board in Social Science, Tripura
University
- 2.3) Chairperson, Board of Post Graduate Studies in Psychology,
Tripura University.

- 2.4) Chairperson, Board of Undergraduate Studies in Psychology, Tripura University.
- 2.5) Member, Board of Faculty Studies, Tripura University
- 2.6) Chairperson, Departmental Research Committee in Psychology, Tripura University
- 2.7) Member of various Research Advisory Committees in Psychology, Tripura University
- 2.8) Member, Board of Post Graduate Studies in Sociology, Tripura University.

3) Past Academic Position:

- 3.1.) Professor, Department of Psychology, Sikkim University (A Central University) [Till December 2017]
- 3.2.) Associate Professor, Department of Psychology, Sikkim University.
- 3.3.) Assistant Professor, Department of Psychology, Sikkim University.
- 3.4.) Lecturer (Assistant Professor), Department of Psychology, University of Pune, Pune, India.
- 3.5.) Lecturer (Assistant Professor), PG Dept. of Psychology, St. Xavier's College, Mapusa, Goa (Goa University), India

4) Past Administrative Experiences/Posts & Responsibilities held:

- 4.1. Dean, School of Human Sciences, Sikkim University [April 2015 to December 2017]
- 4.2. Head, Department of Psychology, Sikkim University [June 2014 to December 2017]
- 4.3. Member, Executive Council (EC), Sikkim University
- 4.4. Member, Academic Council (AC), Sikkim University
- 4.5. Chairman, School Board, School of Human Sciences, Sikkim University
- 4.6. Chairman, Board of Studies (BOS) in Psychology, Sikkim University
- 4.7. Member, Board of Studies (BOS) in Anthropology, Sikkim University.
- 4.8. Member, School Board, School of Social Sciences, Sikkim University.
- 4.9. Member, School Board, School of Languages and Literature, Sikkim University.
- 4.10. Member, Library Management Committee, Sikkim University
- 4.11. Member, Advisory Committee, Sikkim Government College, Rhenock, Sikkim

5) Supervision of Research Students:

i) PhD: 2 completed

-Dr. Praseeda Menon, Research Officer, Kaivalyadhama Yoga Institute,
Lonavala, Maharashtra

-Dr. Santosh Walke, Assistant Professor & Head of Psychology Department,
Annasaheb Waghire College of Science, Arts and Commerce, Otur, Pune
(Affiliated to S. P. Pune University).

ii) MPhil student: 3 completed

-Rajesh Tamang, Assistant Professor, Sikkim Government College,
Rhenock, East Sikkim

-Dipanker Rai, Assistant Professor, Salesian College, Siliguri, West
Bengal (WB).

-Anuraag P. Lama, Assistant Professor, Muralidhar Girls' College,
Kolkata, WB

6) Sample Publication:

International Publication

- 6.1. Zhang, J. W., Chen, S., Tomova, T. K., Bilgin, B., Chai, W. J., Ramis, T., Shaban-Azad, H., Razavi, P., **Thingujam, N. S.**, & Manukyan, A. (2019). A compassionate self is a true self? Self-compassion promotes subjective authenticity. *Personality and Social Psychology Bulletin*, 45, 1323-1337.

Impact factor = 2.603 [Publisher: Sage]

- 6.2. Nordström, H., Laukka, P., **Thingujam, N. S.**, Schubert, E., & Elfenbein, H. A. (2017). Emotion appraisal dimensions inferred from vocal expressions are consistent across cultures: A comparison between Australia and India. *Royal Society Open Science*, 4:170912. <http://dx.doi.org/10.1098/rsos.170912>

Impact factor = 2.515
[Publisher: Royal Society, London]

- 6.3. Laukka, P., Elfenbein, H., **Thingujam, N. S.**, Rockstuhl, T., Iraki, F., Chui, W., Althoff, J. (2016). The expression and recognition of emotions in the voice across five cultures: A lens model analysis based on acoustic features. *Journal of Personality and Social Psychology*, 111, 686-705.

Impact factor = 5.919 [Publisher = American Psychological Association, APA]

- 6.4. Laukka, P., Elfenbein, H., Söder, N., Nordström, H., Althoff, J., Chui, W., Iraki, F., Rockstuhl, T., & **Thingujam, N. S.** (2013). Cross-cultural decoding of positive and negative nonlinguistic emotion vocalizations. *Frontiers in Psychology, Volume 4*, Article 353. doi:10.3389/fpsyg.2013.00353

Impact factor = 2.129 [Publisher = Frontiers Organization, Switzerland] _

- 6.5. Thingujam, N. S. (2014). Future research direction on decoding animal well-being: The case of the horse. *Frontiers in Psychology, Volume 5*, Article 173. doi:10.3389/fpsyg.2014.00173

Impact factor = 2.129 [Publisher = Frontiers Organization, Switzerland] _

- 6.6. Laukka, P., Eerola, T., **Thingujam, N. S.**, Yamasaki, T., & Beller, G. (2013). Universal and culture-specific factors in the recognition and performance of musical emotions. *Emotion, 13*, 434-449.

Impact factor = 3.127 [Publisher = American Psychological Association, APA]

- 6.7. **Thingujam, N. S.**, Laukka, P., & Elfenbein, H. A. (2012). Distinct emotional abilities converge: Evidence from emotional understanding and emotion recognition through the voice. *Journal of Research in Personality, 46*, 350-354.

Impact factor = 2.569 [Publisher = Elsevier Science].

- 6.8) Praseeda, M., & **Thingujam, N. S.** (2012). Recession and job satisfaction of Indian information technology professionals. *Journal of Indian Business Research, 4*, 269-285. [Emerald publication].

National Publication

- 6.9) Walke, S., & **Thingujam, N. S.** (2014). Emotional intelligence deficits in deaf and hard of hearing adolescents. *Indian Journal of Applied Psychology, 51*, 27-33.
- 6.10) Shenoy, S., & **Thingujam, N. S.** (2012). Perceived emotional intelligence and academic adjustment in transition phase: Examining the mediating role of personality. *Journal of the Indian Academy of Applied Psychology, 38*, 114-121.

7) Conference Presentations (Last few years)

- 7.1) **Thingujam, N. S.**, & Longkumer, I. (July 10-13, 2019). Facebook using behaviour, emotion regulation, and wellbeing among students. Paper presented at *Biennial Conference of the International Society for Research on Emotion (ISRE)*, Amsterdam, the Netherlands.

- 7.2) Chettri, A., & **Thingujam, N. S.** (March 23-25, 2017). Age differences in personality in late adolescents, early adulthood and late adulthood in India. Paper presented at the *2nd International Convention of Psychological Sciences (ICPS)*, Vienna, Austria.
- 7.3) Gogoi, T., & **Thingujam, N. S.** (March 3-4, 2017). Personality in adolescents and elderly. Paper presented at *National Conference on Expanding Frontiers in Applied Psychology*, University of Calcutta, Kolkata, India.
- 7.4) **Thingujam, N. S.**, Longkumer, I., Guha, S., & Chettri, A. (February 23-25, 2017). Young adults' media use, emotion regulation and emotional wellbeing. Paper presented at *52nd National & 21st International Conference of Indian Academy of Applied Psychology (IAAP)*, Department of Psychology, University of Rajasthan, India.
- 7.5) Chettri, A., & **Thingujam, N. S.** (February 23-25, 2017). The 7-Item Authentic and Hubristic Pride Scale: An assessment of psychometric properties in the Indian context. Paper presented at *52nd National & 21st International Conference of Indian Academy of Applied Psychology (IAAP)*, Department of Psychology, University of Rajasthan, India.
- 7.6) Gogoi, T., & **Thingujam, N. S.** (February 23-25, 2017). Shame and guilt in adolescence and elderly. Paper presented at *52nd National & 21st International Conference of Indian Academy of Applied Psychology (IAAP)*, Department of Psychology, University of Rajasthan, India.
- 7.7) **Thingujam, N. S.**, Longkumer, I., Guha, S., & Chettri, A. (December 19-21, 2016). Factor structure and reliability of cognitive emotion regulation questionnaire in India. Paper presented at *International Conference on Recent Advances in Cognition and Health*, Department of Psychology, Banaras Hindu University (BHU), India.
- 7.8) Nordström, H., Laukka, P., **Thingujam, N. S.**, Schubert, E., & Elfenbein, H. A. (May 26-29, 2016). Emotion-specific patterns of appraisal dimensions inferred from vocal emotion expressions are consistent across cultures: A comparison between Australia and India. Paper presented at *Annual Convention of Association for Psychological Science (APS)*, Chicago, USA.
- 7.9) Laukka, P., Elfenbein, H. A., Chui, W., Althoff, J., Iraki, F. K., Rockstuhl, Th. & **Thingujam, N. S.** (May 26-29, 2016). What can we hear in the voice? A five-nation study of open-ended perceptions of affective sciences. Paper presented at *Annual Convention of Association for Psychological Science (APS)*, Chicago, USA.
- 7.10) Moirangthem, S. D., & **Thingujam, N. S.** (May 6-8, 2016). Happiness in late adolescents and early adults: Findings differ across measures. Paper presented at *51st National and 20th International Conference of IAAP*, Bangalore University.
- 7.11) Tamang, R., **Thingujam, N. S.**, & Chettri, A. (May 6-8, 2016). Do emotion regulation and optimism influence romantic jealousy among young adults? Paper presented at *51st National and 20th International Conference of IAAP*, Bangalore University. Organized by: **IAAP**
- 7.12) Chettri, A., & **Thingujam, N. S.** (May 6-8, 2016). Pride, personality and helping behavior among adolescents. Paper presented at *51st National and 20th International Conference of IAAP*, Bangalore University. Organized by: **IAAP**

- 7.13) Chettri, A., & **Thingujam, N. S.** (May 6-8, 2016). Age group differences on cultural beliefs: A comparative study. Paper presented at *51st National and 20th International Conference of IAAP*, Bangalore University. Organized by: **IAAP**
- 7.14) Thingujam, N. S. (January 16-18, 2016). Social adjustment's relationship with empathy, and alexithymia among university students. Paper presented at *4th International Conference on Psychology and Allied Sciences*, Margao, Goa, India.
- 7.15) Boros, S., Eisenkraft, N., Laukka, P., **Thingujam, N. S.**, & Elfenbein, H. A. (July 8-10, 2015). Towards the validity of emotional intelligence: Testing the positive manifold with emotion recognition. Paper presented at *Biennial Conference of the International Society for Research on Emotion (ISRE)*, Geneva, Switzerland.

8) **Ad hoc Manuscript Reviewer:**

- i) Psychological Studies (Springer India)
- ii) Frontiers in Psychology (Frontiers organization, Switzerland)
- iii) Journal of Clinical Psychology (Wiley)
- iv) Social Behavior and Personality (New Zealand based Journal)
- v) International Journal of Psychology (Taylor & Francis)

9) **Research Project:**

- a) **Project Director** of ICSSR funded Sponsored Research Programme on **Emotion Regulation in North East Indian Adults**. Amount: Rs. 20, 00000/= (Twenty lakhs). Duration: January 2016 to December 2017.
- b) **PI** of a minor research project on **Emotional intelligence and health**. Sponsored by **University of Pune**. Amount: 3, 00000/= (three lakhs). [Duration 2006 to 2007].

10) **Membership:**

- a) Member of International Society for Research on Emotion, Washington, USA.

11) **Invited as Resource person:**

- 11.1) ICSSR Sponsored 10-Day Research Methodology Course organized by Business Management Department, Tripura University [18 to 27, Feb 2019].
- 11.2) ICSSR Sponsored 10-Day Research Methodology Course organized by Management Department, Sikkim University [May 23 to June 2, 2017].

12) Invited and Served as Expert for:

-IMPRESS Scheme of research projects, ICSSR, New Delhi

13) Consultancy Work done for:

13.1) **Senior Level Bank Employees** at RBI College of Agricultural Banking, Pune

13.2) **Indian Army** at Institute of National Integration, (location: College of Military Engineering Campus, Pune]

14) Workshop/Training Course/Seminar conducted:

- a) *Course Director* of ICSSR Sponsored 10-Day Research Methodology Course (April 22 to May 1, 2019) held at Department of Psychology, Tripura University.
- b) *Organizing Secretary* of Sikkim University Sponsored Two-Day Workshop on Advanced Research Methodology and Statistics for Research Students (May 17 and 18, 2016) held at Sikkim University.
- c) *Coordinator* of Two-Day State level seminar on Emotional Intelligence and Quality of Life held at PG Department of Psychology, St. Xavier's College, Mapusa, Goa [February 15 and 16, 2003].