

# त्रिपुरा विश्वविद्यालय TRIPURA UNIVERSITY

(केन्द्रीय विश्वविद्यालय / A Central University)

सूर्यमणिनगर, अगरतला / Suryamaninagar, Agartala

त्रिपुरा(प.) / Tripura (W.), पिन / PIN – 799022, भारत / INDIA



दूरभाष / Phone : (0381) 237 4801

ई-मेल / E-Mail: [registrar@tripurauniv.ac.in](mailto:registrar@tripurauniv.ac.in)

वेबसाइट / Website : [www.tripurauniv.ac.in](http://www.tripurauniv.ac.in)

## CERTIFICATE

7.2 - Best Practices 7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

The relevant and supporting documents for the above mentioned criteria are attached in annexures.

  
27/9/23  
Registrar

(Dr. Deepak Sharma)  
Registrar  
Tripura University

**7.2.1 - Describe one best practice successfully implemented by the Institution as per NAAC format provided in the Manual**

1. At Tripura University, we are inclined to create an eco-friendly environment for the holistic development of the students. We use the open land within the premises for the organic cultivation of fruit and vegetables using the vermicompost developed in-house from biodegradable wastes. The produce is shared with the hostels and sold at subsidised rates to the university fraternity, ensuring appropriate waste management and healthy food. The extended hours of library with Wi-Fi enabled campus ensures round-the-clock access to reading material for the students and scholars; the installation of sanitary napkin vending machine and incinerator in the ladies washroom, the functional health centre and the counselling centre ensures attending to the health, medical and emotional needs of the students; elaborate outdoor sports facility, open gym and drinking water facility post working hours ensures recreational opportunities within the secure campus of the University.
2. At Tripura University, we decentralise the different activities, ensuring the participation of all sections of stakeholders. For example, the documentation of the university's activities and the demonstration of the innovations and inventions of the university at the state level are done with the active participation of scholars, staff, and faculty. We believe this nurtures a sense of belonging among the stakeholders and gives a holistic picture. We believe in growing together as a family.



## Best Practices at Tripura University

At Tripura University we are inclined to create an eco-friendly environment for holistic development of the students. We use the open land of 79 acres within the premises for organic cultivation of fruit and vegetables using the vermicompost developed in-house from the biodegradable wastes. The produce is shared with the hostels and sold at subsidised rates to the University fraternity, ensuring appropriate waste management with healthy food. The extended hours of library with Wi-Fi enabled campus ensures round the clock access to reading material for the students and scholars; the installation of sanitary napkin vending machine and incinerator in the ladies washroom, the functional health centre and the counselling centre ensures attending to the health, medical and emotional needs of the students; elaborate outdoor sports facility, open gym and drinking water facility ensures recreational opportunities post office hours within the secure campus of the University.



Vermicompost Unit at TU



Fruit Plantation



Vegetable cultivation



Library and Wi-Fi facility



Vending machine and incinerator



Counselling Centre



Health Centre





Outdoor sports



Open Gymnasium



Outdoor Drinking Water

1. At Tripura University we decentralise the different activities ensuring participation of all sections of stakeholders. As an example, the documentation of the activities of the University, demonstration of the innovations and inventions of the university at the state level, is done with active participation of scholars, staff as well as faculty. We believe this nurtures the sense of belonging among the stakeholders and gives a holistic picture. We believe in growing together as a family.



**TU fraternity in the Technology Demonstration Stall at 34<sup>th</sup> Tripura Industry and Commerce Fare**

**TripuraUniversity**  
(A Central University)  
Suryamaninagar,  
Tripura-799022



***Report***  
***on***

***BEST PRACTICE***  
***“Installation of Sanitary Napkin Vending  
Machine and Incinerator in the Ladies' Wash  
Room of the Department of Commerce”***

***The 3rd October, 2023***

**Organized by**  
Department of Commerce,  
TripuraUniversity  
2023

## **Report of Best Practice: Installation of Sanitary Napkin Vending Machine and Incinerator in the Ladies' Wash Room of the Department of Commerce**

In India, menstruation has historically been linked to taboos and myths, making it very difficult for teenage girls to even bring up the subject with their parents or other family elders. Just 12% of women in India use sanitary napkins, according to a research. It has been noted that 20% of girls avoided using the lavatory in the institution during their periods out of concern that they would ruin it, and many of them were unaware of the menstrual cycle when they first began having periods. Just sixteen percent of individuals with some knowledge obtained any information from their school. Therefore, in addition to raising awareness of menstrual health and cleanliness, it is imperative to educate people about the usage of sanitary napkins and to make them easily accessible through vending machines. Self-service vending machine for sanitary napkins that accepts coins is known as the Sanitary Napkin Vending Machine. With a display reflecting the availability of napkin stock, the said vending machine can load a small number of napkins.

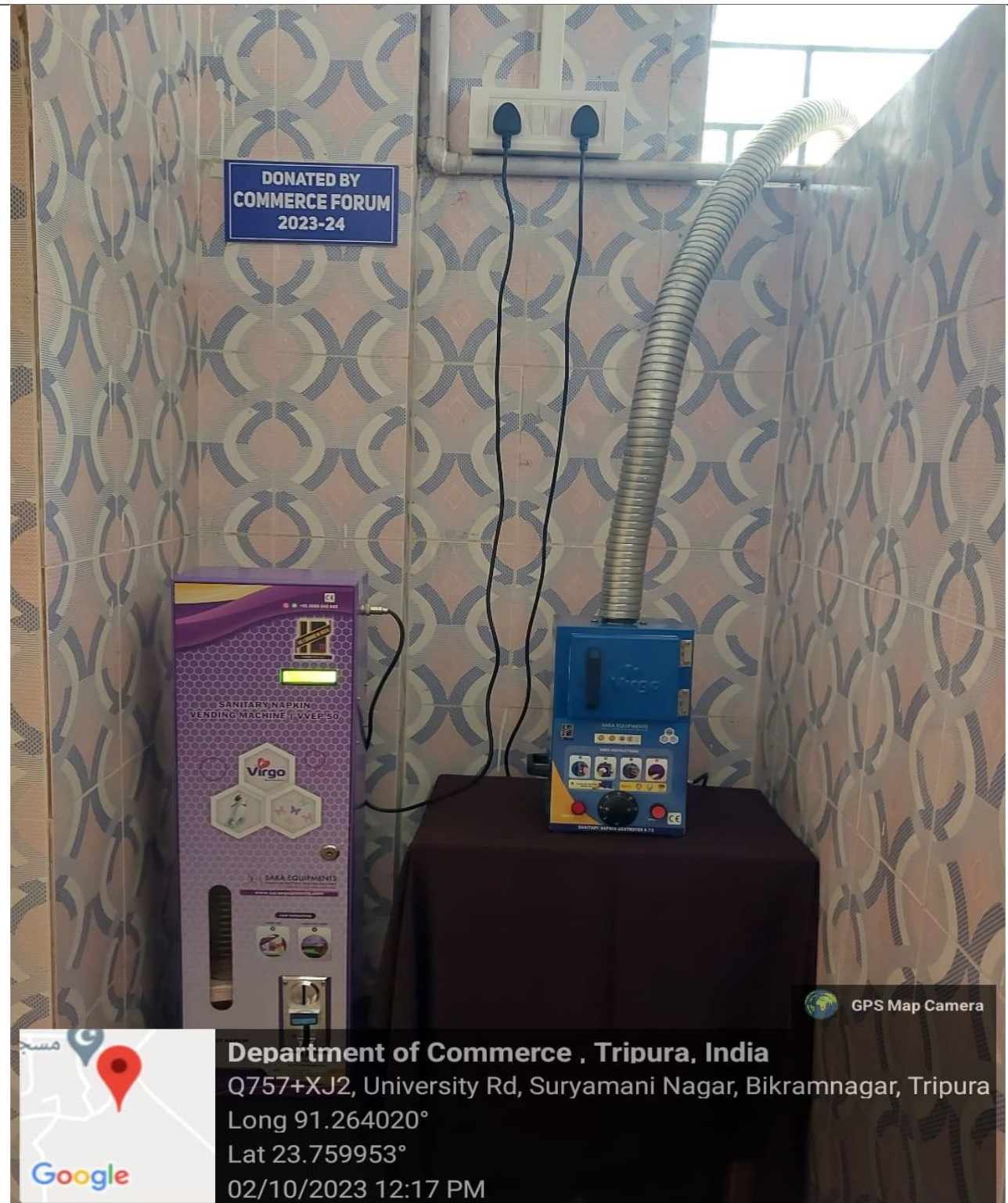
Disposing of sanitary napkins can be done quickly, scientifically, hygienically, and safely by burning them at a low temperature until they turn into a harmless ash. An incinerator has been erected as a result, helping to dispose of soiled napkins quickly, scientifically, and hygienically without producing any hazardous emissions.

We have placed a sanitary napkin vending machine in our department. Girls are now more conscious of menstrual hygiene and health as a result of this. The Department acknowledges the key role of the COMMERCE FORUM, which is made up of all of our Department's former and current students, for donating these two machines so that our girl students can use them in the Departmental Ladies Wash Room. It is accessible to female students, female faculty members, and female researchers of the other Departments as well.

We are also thankful to Smt. Aparna Debbarma, General Manager (i/c), Tripura State Cooperative Bank Ltd (TSCBL) and the Distinguished Alumni of our Department without whom it is not possible to implement such an initiative in our Department. We are also thankful to Prof. Shaon Ray Chaudhuri, Director, IQAC, Tripura University for taking the pain to visit our department for formal inauguration of the said facility in our department and cheered our students for taking such an innovative initiative for our girls.



*Picture 1: Photograph of the Installation of Sanitary Napkin Vending Machine and Incinerator in the Ladies' wash Room of the Department of Commerce*



**Picture 2: Photograph of the inauguration of the Sanitary Napkin Vending Machine and Incinerator in the Ladies' wash Room of the Department of Commerce on 03.10.2023**



Photo Cursey: Students of the Department of Commerce, 2023-24 Batch



## Report of Best Practice: Installation of Sanitary Napkin Vending Machine and Incinerator in the Ladies' Wash Room of the Department of Commerce on 03.10.2023 @01:30 PM

HoD Commerce <hod\_commerce@tripurauniv.ac.in>

Tue, Oct 3, 2023 at 4:00 PM

To: dean\_artscommerce@tripurauniv.ac.in, Director IQAC <director\_iqac@tripurauniv.ac.in>, Prallad Debnath <pralladdebnath@tripurauniv.ac.in>, Joy Das <joydas@tripurauniv.ac.in>, RAJATDEB@tripurauniv.ac.in, chinmoyroy@tripurauniv.ac.in, Biswajit debbarma <biswajitdebbarma@tripurauniv.ac.in>, Annual Report <annualreport@tripurauniv.in>

Cc: Biswajit debbarma <biswajitdebbarma@tripurauniv.ac.in>, Diveta Rathore <diveta.rathore6@gmail.com>, manik.commerce@tripurauniv.ac.in, juhendra.commerce@tripurauniv.ac.in, Anita Behra <anitabehra9909@gmail.com>, Rajivpukhram <rajivpukhram29@gmail.com>, Manav Chakma <manavchakma@gmail.com>, Amit Sangma <amitsangma99@gmail.com>, Ragubir Sahu <ragubirsahu19@gmail.com>, "Md. Monzur Hossain" <mmhrabbi@cou.ac.bd>, madhu tripathi <19madhulika@gmail.com>, Nirmal Reang <nirmalreang73@gmail.com>, Priya Das <priya568das@gmail.com>, Tangsrangti Reang <tangsrangtireang@gmail.com>, bristidb@gmail.com, Amit Reang <amitreang341@gmail.com>, Anamia Marak <anamiamarak32@gmail.com>, Anjana Debnath <debnathanjana576@gmail.com>, Ankit Singh <ankitkumar.43225@gmail.com>, apunoatia36@gmail.com, arabindawasthicollege@gmail.com, Armingthangi Kaipeng <armingkaipeng@gmail.com>, arpitadasuniv775@gmail.com, Arun Jamatia <arunjamatia408@gmail.com>, Ashrafur Islam <ashrafurislam10012000@gmail.com>, Bahai Jamatia <bahaijamatia12345@gmail.com>, bartezmmarak@gmail.com, Bikram Anok <bikramanok625@gmail.com>, bilod13052002debbarma@gmail.com, bilashdebbarma978@gmail.com, Bipul Debbarma <bipuldebbarma198@gmail.com>, bishandebbarma76@gmail.com, boyar Debbarma <boyardebbarma5183@gmail.com>, Chandan Murasingh <chandanmurasingh11@gmail.com>, Debaraj Chakraborty <chakrabortydc4@gmail.com>, devadvma164@gmail.com, Duhan charan Tripura <duhancharantripura@gmail.com>, George Debbarma <georgedebbarma8@gmail.com>, Grimra Sangma <grimrasangma90@gmail.com>, Himen Chakma <h.chakma123@gmail.com>, Jannat Ferdous <jannatferdous1020@gmail.com>, Jayanta Majumder <www.jmajumder2001@gmail.com>, JOI DAS <dasjoi045@gmail.com>, Joysing Kaipeng <www.joysing123@gmail.com>, Juhi Chakma <juhichakma60@gmail.com>, kanchanrakhidebbarma@gmail.com, Kuchung Tripura <kuchungtri15@gmail.com>, Mahima Debbarma <mahimadebbarma8@gmail.com>, Mawshanlang Lawriniang <mawshanlangl@gmail.com>, Mongsathai Mog <mongsathaimog34@gmail.com>, Naresh Tripura <nareshtripura523@gmail.com>, Nishan Chakma <nishandewan855@gmail.com>, nongsiejnonilincy@gmail.com, Philabet Kshiar <phillkshiar@gmail.com>, Prasenjit Ghosh <prasenjitghosh423@gmail.com>, Premchandra Molsom <premchandramolsom9366@gmail.com>, Akash Nama <akashnama4@gmail.com>, omrahul73@gmail.com, Ramrai M Marak <ramraimmarak@gmail.com>, Rashu Dvrma <rashudvrma@gmail.com>, RINJEL DEBBARMA <kimrintae@gmail.com>, Riyel Tripura <riyeltripura5@gmail.com>, Roshni Chakravarty <roshnichakravarty@gmail.com>, Royal Debbarma <royaldebbarma129@gmail.com>, ruhandebbarma60@gmail.com, Sagar Debbarma <sagardebbarma9863@gmail.com>, Sagar Debbarma Official <debbarmasagar2002@gmail.com>, paulsagar1062000@gmail.com, Sahil Jamatia <sahiljamatia01@gmail.com>, Salgra Debbarma <salgradebbarma24@gmail.com>, Santosh Reang <santoshreang608@gmail.com>, satyajitsutradhar540@gmail.com, SHUBHAM PAL <shubhampal8170@gmail.com>, Suresh Mog <sureshmog15@gmail.com>, Tring Debbarma <tringdebbarma8@gmail.com>, Amit Tripura <amittripu@gmail.com>, ghoshanamika400@gmail.com, Ankita Debbarma <debbarmaankita3@gmail.com>, Ankita Sutradhar <ahanasutradha181@gmail.com>, Basil Debbarma <basildebbarma89@gmail.com>, Bokhiri Debbarma <bokhiridebbarma152n@gmail.com>, Chumui Debbarma <cmui933@gmail.com>, Debasish Laskar <vitoscarletta328@gmail.com>, Dibakar Das <dibakarthesuperstar237@gmail.com>, Dil Narayan Shrestha <shresthadil28@gmail.com>, Dipankar Das <ashutos2245@gmail.com>, Diptanu Bhowmik <diptanubhowmik4444@gmail.com>, Gitanjali Malakar <gitanjalimalakar4@gmail.com>, Hamsha Chowdhury <hamsachowdhury002@gmail.com>, Justin Sangma <justindhalam@gmail.com>, Lalropeka Molsom <lalropekamolsom7@gmail.com>, Manali Acharjee <manaliacharjee21@gmail.com>, Neina Jamatia <neinajamatia845@gmail.com>, Nilanjana Boruah <nilanjanabaruah81808@gmail.com>, Prafulla Chandra Roy <prafullatheproject@gmail.com>, Princejeet Singh Bisht <princejeet412@gmail.com>, Remdiki Kuki <remdikikuki@gmail.com>, Salka Debbarma <salkad855@gmail.com>, Samrat Tantubay <suprity133@gmail.com>, Samuel Tripura <samueltripura29@gmail.com>, Sayandip Das <sayandipas966@gmail.com>, Subham Deb <debsubham129@gmail.com>, Tanushree Ghosh <tanu799022@gmail.com>, Ujjal Chakma <ujjalchakma237@gmail.com>, Wansuk Tripura <wansuktripura39@gmail.com>, Ajit Tripura <tripuraajit541@gmail.com>, Amalesh Debbarma <biswaraydebbarma4032@gmail.com>, Anamika Azim <anamikaazim9383@gmail.com>, Ankur Sarkar <ankursarkar77@gmail.com>, Bedika Das <bedikadas08@gmail.com>, Bhagabati Bhowmik <bhagabatibhowmik67@gmail.com>, Bharoti Rabha <bharotirabha5@gmail.com>, Bipasa Debbarma <1999bipo@gmail.com>, Biplab Tripura <biplabtripura555@gmail.com>, Biswajit Debbarma <biswajitdebbarma510@gmail.com>, Boyer Debbarma <boyerdebbarma92@gmail.com>, Dhijendra Tripura <dhijendratripura.com2019@gmail.com>, Gourab Debnath <12gourab1234@gmail.com>, Ishak Tripura <ishaktripura2@gmail.com>, Jayanta Banik <jayantabanik496@gmail.com>, Karan Debbarma <supernova.z1234@gmail.com>, Khakochoan Jamatia <kochancollegeinfo@gmail.com>, Mamita Mog <mogmamita486@gmail.com>, Mathiya Debbarma <mathotidbarma@gmail.com>, Neukra Mog <mogneukra@gmail.com>, Nihar Dutta <viratdutta1122@gmail.com>, Parash Mani Reang <parashmanireanh@gmail.com>, Paritosh Das <vdas571525@gmail.com>, Prakash Reang <prakashreang1@gmail.com>, Prasenjit Tripura

<prasenjittripura8664@gmail.com>, Priya Manik <priyamanik819@gmail.com>, Priyash Debnath <priyashdebnath727@gmail.com>, Purabi Chakma <purabichakma8@gmail.com>, Rahul Chakma <rc7736713@gmail.com>, Rekha Debbarma <dvrmarekha0@gmail.com>, Rohit Debbarma <roht350@gmail.com>, Ruhel Tripura <ruheltripura@gmail.com>, Sabitri Mog <sabitrimog77@gmail.com>, Sakib Tripura <sakibtripura389@gmail.com>, Samir Biswas <samirbiswas8974@gmail.com>, Sankar Kundu <sankarkundu200079@gmail.com>, Shweta Dutta <shwetadutta999@gmail.com>, Sujan Debnath <sujandebnath6306@gmail.com>, Sukanta Debbarma <sukantadebbarma17647@gmail.com>, Suman Das <das018569@gmail.com>, Surajit Debbarma <debbarmsurajit88@gmail.com>, Susmita Saha <susmitasaha0515@gmail.com>, Tanmay Das <tdas70339@gmail.com>, Tanusree Paul <paultanusree128@gmail.com>, Tuhin Debbarma <rwngthansaboyz@gmail.com>, Uchai Mog <uchaimongmog99@gmail.com>, Waka Phraki Supooh <phrakiwaka@gmail.com>, Abhik Majumder <abmajumder321@gmail.com>, Animesh Saha <animeshsaha745@gmail.com>, Anuran Roy <royanuran2002@gmail.com>, Bishal Sarkar <sarkarbishal896@gmail.com>, Bishal Singha <Singhabishal360@gmail.com>, Dip Sarkar <dips8244@gmail.com>, Khusbu Reang <khusbureang@gmail.com>, Lucy Darlong <lucydarlong15@gmail.com>, Malsawma Molsom <Malsawmamolsom123@gmail.com>, Manoj Reang <manojbro2020@gmail.com>, Mridul Modak <mridulmodak1881@gmail.com>, Nandini Bhattacharjee <nandini.bhattacharjeenb@gmail.com>, Papiya Saha <usaha2528@gmail.com>, Prantik Saha <sahaprantik209@gmail.com>, Priyanka Sarkar <sarkarpriyanka02081@gmail.com>, Priyanshi Roy <priyanshiroy069@gmail.com>, Ratnadeep Debnath <ratnadeepdebnath13@gmail.com>, Sagar Dey <deysagar602@gmail.com>, Sagar Paul <sagarpaul200319@gmail.com>, Sanjit Molsom <Sanjitmolsom697@gmail.com>, Shib Narayan Shrestha <shibshrestha22@gmail.com>, Sumeon Reang <sumeonreang42@gmail.com>, Tanmoy Mog <tanmoymog7@gmail.com>, Trishna Paul <trishnapaul635@gmail.com>, Yash Saha <yashsaha77@gmail.com>, A T <tripuraalex2@gmail.com>, amosadarlong@gmail.com, amreshjamatia89@gmail.com, champar000@gmail.com, ankurdas7448@gmail.com, arpitasutradhar965@gmail.com, Aryan Datta <adsquare1234@gmail.com>, avrihrangkhaw101@gmail.com, Bholanath Das <bd188823@gmail.com>, baslakdebbarma@gmail.com, Bhabatosh Reang <bhabatoshyakchow19@gmail.com>, Bishal Chandra Ghosh <bghosh4040@gmail.com>, bosongdebbarma595@gmail.com, HARRY ES <debasmithmajumder@gmail.com>, khaphoihtireang@gmail.com, Mohit Tripura <mohittripura24@gmail.com>, Nathina Hrangkhaw <hrangkhawlnathina@gmail.com>, Nenomech <neerajbora001@gmail.com>, raktimbhattacharjee2208@gmail.com, kokborok8@gmail.com, paulreshmipaul@gmail.com, Rohit Tripura <rohittripura24@gmail.com>, Ronit Sarkar <sarkarronit02@gmail.com>, ryngyimolsom@gmail.com, Sandip Shil <sandipshil172@gmail.com>, Surjeet Mog <mogsurjeet11@gmail.com>, theschoolofmusicsurjhankar@gmail.com, Tanay Chakraborty <tanaytc166@gmail.com>, tanusree12k3das@gmail.com, Tushar Chetri <tusharchetri529@gmail.com>, Prima Roy <royprima895@gmail.com>, vishalroycoc2@gmail.com, Xavier Halam <halamxavier14@gmail.com>, Anindya Bhattacharjee <anindyabhattacharjee08967@gmail.com>, BINOD TRIPURA <binodtripura12@gmail.com>, tripuraboyanjoy1999@gmail.com, Dhanita Reang <dhanitareang@gmail.com>, Dhijendra Tripura <dhijendratripura4660@gmail.com>, nitishkumartripura@gmail.com, Nuno Mog <mognuno@gmail.com>, dubeypreety2003@gmail.com, Rohan Paul <paulr7152@gmail.com>, Sagorika Modak <sagorikamodak28@gmail.com>, Suman Mog Chowdhury <sumanmogchowdhury@gmail.com>, 41D Tangsime <tangsimeraksam@gmail.com>, digenmili1848@gmail.com, Reshmi Paul <paulreshmi2020@gmail.com>, pintu.economics@tripurauniv.ac.in

Madam/ Sir,

I am happy to share that a Sanitary Napkin Vending Machine and Incinerator have been installed in the Ladies' Wash Room of the Department of Commerce on 03.10.2023 @01:30 PM as a part of the Best Practice of our Department for the Academic Year 2023-24.

The Department acknowledges the key role of the COMMERCE FORUM, which is made up of all of our Department's former and current students, for donating these two machines so that our girl students can use them in the Departmental Ladies Wash Room. It is accessible to female students, female faculty members, and female researchers of the other Departments as well.

Accordingly, a detailed report is prepared by the Team; and attached herewith for your kind perusal and ready references.

Thanking you,

Sincerely

*Subir Kumar Sen,  
Associate Professor & Head,  
Department of Commerce,*

*Tripura University,*

*(A Central University),  
Suryamaninagar,*

*Tripura (West)  
PIN - 799022  
India*

**Tel: +91-381-237-9060/9067**

**Fax: +91-381-2374802**

**Cell: +91-9089880888**

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