

PROFILE

Name: Dr. Prasanta Kumar Das

Date of Birth: 18-01-1974

Designation: Associate Professor

Qualification: Ph.D, MPhil., M.P.Ed, Diploma in Sports Coaching (Basketball)

Date of Joining: 29th September 2015

Teaching Experience: 18 years College and University Curriculum

Topic Taught: Measurement and Evaluation, Value and Environmental Education, Basketball

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Publications (Year Wise)

- **Study of body composition among university level male Football Players of North Eastern region: A comparative study**, International journal of Yogic, Human movement and sports sciences Vol -4 Issue-1, Jan 2019, Pg- 846- 850, ISSN 2456-4419
- **Analyze the Relationship of selected Anthropometric and Bio-mechanical variables on the performance of kicking for distance in soccer**, Online International Interdisciplinary Research Journal Vol -9 Issue-1, Jan-Feb 2019, Pg- 270 -276, ISSN 2249-9598
- **Effectiveness of Yoga and Aerobic training on the basis of vital capacity and cardiovascular endurance of male soccer players of Chandigarh**, International journal of of Yogic, Human movement and sports sciences Vol -3 Issue-1, Jan- June 2018, Pg- 504-508, ISSN 2456-4419,
- **Emotional Intelligence aggression among the female basketball players of Northern India**, International journal of Physiology, Nutrition and Physical Education Vol -3 Issue-1, Jan- June 2018, Pg- 372-377, ISSN 2456-0057
- **Physical Activity and Health Status among the students of Post Graduate Govt. College, Sec-11, Chandigarh**, Shodh Sangam – An International Research Journal of physical education sports and allied Sciences, Vol.-6, No.-1, June 2018, Pg. 16-26, ISSN 2249-717X
- **Big Five Factors: Personality Dimensions among Elite players of Chandigarh**, Shodh Sangam – An International Research Journal of physical education sports and allied sciences, Vol.-6, No.-1, June 2018, Pg. 26- 36, ISSN 2249-717X

- **A Comparative study of sports achievement motivation between volleyball and basketball players**, Indian journal of sport science and physical education, Vol. 23 No.1&2, Jan &July2015, Pg- 1-7, ISSN 0971-014
- **A Comparative Study of Sports Competitive Anxiety between Basketball and Volleyball Male Players**, Shodh Sangam-An **International** Research Journal of Physical Education Sports and Allied SciencesVol-2, No-3, December-2014 Pg-7-12,ISSN 2249-717X
- **Effect of Yoga on Physiological Variables on School Going Girl Students**, Journal of Physical Education and Allied Sciences, Vol.-3, No.-2, December 2013, Pg-65-72, ISSN 2230-7397
- **Depletion of blood glucose level during match progress in basketball competition**, Journal of Physical Education and Allied Sciences, Vol.-2, No.-1 July 2012, Pg-60-65, ISSN 2230-7397
- **A Comparative Study of Coordinative Abilities between Football and Hockey University level Players**,Vol.-1, No.-2, Jan-Apr 2012, Shodh Sangam – An International Research Journal of physical education sports and allied sciences, Pg. 67-72, ISSN 2249-717X
- **Psycho-neuromuscular abilities of university level starter and non-starter basketball players**, South Asian Journal of Physical Education and Sports Sciences, Bi-Annual March 2012, Pg-34-37, ISSN 2277-8500
- **Awareness of H.P. University students about Olympic-2012**, Shodh Sangam – An International Research Journal of physical education sports and allied sciences, JAN-APR 2012, Pg-73-77, ISSN 2249-717X
- **Diagnostic study of various parameters of vital capacity among exercisers and non-exercisers of middle-aged men**, International Journal of Motor Learning and Sports Performance,Vol-2, No-1, Jan-2012, Pg-126-130, ISSN 2230-8628
- **Relationship of Body composition with playing ability of female Basketball players**, Journal of Physical Education and Allied Sciences, Vol. -1, No. -2 December 2011, Pg-47-52, ISSN 2230-7397
- **Assessment of body mass index among Physical Educationist**, Journal of Physical Education and Allied Sciences, Vol. -1, No. -1 July 2011, Pg-09-16, ISSN 2230-7397
- **2D Kinematic Analysis of spiking in Volleyball**, Journal of Physical Education and Yoga Vol. -2, No. - 1 January 2011, Pg-07-09, ISSN 0975-9301
- **Analysis of Team Preparation among leading Basketball Team**, Journal of Movement Education and Sports Vol. – 2, July 2010, Pg – 09-14, ISSN 978-81-908949-5-1
- **Ethics in Sports Issues**, National Seminar on Teacher Education/ Training Programmes in physical education –Issues and Challenges, Dept. of Physical Education-Teacher Education and Learning, PGGC-11, Chandigarh February 15th -16th 2015

- **Comparative Study on Soccer Skill Performance Between Rural and Urban Women Soccer Club Players in West Bengal**, Global Scientific Conference on Physical Education, Health and Sports Sciences (GLOPEHSS-2014), Dept. Of Physical Education (Teaching) GNDU, Amritsar, Punjab January 24th-26th 2014
- **Effect of Plyometrics Training and Resistance Training on Selected Motor Abilities of Handball Players**, National conference on Wellness through Physical Activity: Future Perspective, Dept. of Physical Education Punjabi University, Patiala, Punjab January 17th& 18th 2014.
- **A Comparative study of sports Competitive Anxiety between Basketball and Handball male players**, 2ND National conference on Youth Enrichment through Physical Education, Dept. of Physical Education, Amity University, Noida, UP, January 20th&21st 2014

Seminar/ Conference

- **Physical Wellbeing through the Indigenous Games of Reang Tribe of Tripura: An analytical study**, National seminar Promotion of Indigenous games: Issue and challenges with special reference to Tripura, **November 7th & 8th 2019**, Department of Physical education, Michael Madhusudan Dutta College, Sabroom.
- **Language problem is a drawback to develop Indigenous Games of Tripura Community**, National seminar on Quality education with special Reference to Tribal Education, **April 18th – 19th 2018**, Department of Sociology, MBB College, Agartala.
- **Analysis on attitude of college students towards physical Education Curriculum**, International seminar on Global Innovation and Research in Education, Sports Sciences and Yoga, **Dec. 10th – 11th 2017**, Department of Phy. Edu., Mahisadal Girls College, P Medinipur, WB,
- **Physical Activity: A key to develop mental health among adolescent**, National Seminar on Youth in India: Issues and Challenges, **March 17th -18th 2017**, Department of Psychology, Tripura University.
- **Psychological benefits of participation in sports and physical activity among adolescents**, National Seminar on Youth in India: Issues and Challenges, **March 17th - 18th 2017**, Department of Psychology, Tripura University
- **Rehabilitation for speech and hearing disabilities person**, National Conference on Rehabilitation of person with speech and hearing disabilities, **Feb. 18th 2017**, Department of Psychology, Tripura University

- **Physical Education Courses: Norms and Tenure**, National Seminar on Nomenclature Tenure and Regulation of Physical Education Courses, **February 18th 2015**, Mata Gurdev Kaur Memorial Shahi Sports College of Physical Education,
- **Ethics in Sports Issues**, National Seminar on Teacher Education/Training Programmes in Physical Education-Issues and Challenges, **February 15th -16th 2015**, UGC Dept. of Physical Education-TE&L, P G G C-11, Chandigarh,
- **Genesis of Kashmir Problem in Historical Prospective**, National Conference on Wellness through Physical Activity: Future Perspective, **March 1st 2014**, Dept. of Defense Study, P G G C-11, Chandigarh
- **Assessment of Mental Toughness Among High and Low Achievers of State level Yoga Competitor: A comparative Study**, 1st international AND 3rd Indian Psychological Science Congress, **February 24th & 25th 2014**, National Association of Psychological Science- India and Dept. of Psychology, PGGC-46, Chandigarh
- **A Study of Stress Among Various Age Groups**, 1st International and 3rd Indian Psychological Science Congress, National Association of Psychological Science, **February 24th & 25th 2014**, India and Dept. of Psychology, PGGC-46, Chandigarh
- **Comparative Study on Soccer Skill Performance Between Rural and Urban Women Soccer Club Players in West Bengal**, Global Scientific Conference on Physical Education, Health and Sports Sciences (GLOPEHSS-2013), **January 24th-26th 2014**, Dept. of Physical Education, Guru Nanak Dev University , Amritsar
- **Effect of Plyometric Training and Resistance Training on Selected Motor Abilities of 16 Handball Players**, National conference on Wellness through Physical Activity: Future Perspective, **January 17th & 18th 2014**, Dept. of Physical Education, Punjabi University , Patiala
- **SAQ Training is an Important part of Modern Training**, International Conference on Health, Fitness & Environment: Issues and Challenges, **December 18th -19th 2013**, Akal College of Physical Education, Mastuana Sahib, Sangrur, Punjab,
- **Common Medical Problems in Basketball injuries**, International conference on futuristic trends in physical education, **January 24th-26th 2013**, Dept. of Physical Education, Punjabi University, Patiala.

- **Comparative Study of Self Confidence Female Players and Non Players, Health, Physical Activity and Sports; Recent Trends and Challenges, December 20th -21st 2012**, Akal College of Physical Education, Mastuana Sahib, Sangrur, Punjab
- **Yoga: For Healthy Life Style, Health, Physical Education Sports and Wellness in Schools and Community: A Holistic and Innovative Approach, October 20th to 22nd 2012**, Dept of physical education, Panjab University, Chandigarh
- **Attitude of different Professional Students towards the Profession of Physical Education and Sports,** Psychological Well-Being: Building Bridges for Tomorrow, **October 5th-6th 2012**, Indian Psychological Science Congress, Chandigarh, Dept. of Psychology, PGGC-46, Chandigarh
- **Parental Attitude towards Games and Sports,** 3-Week Refresher Course in Physical Education, **August 13th to September 1st 2012**, Academic Staff College, H.P.University, Shimla, August
- **Bio- Mechanical Analysis of High Jump Techniques,** Sports Sciences and Sports Physiotherapy, **March 3rd and 4th 2012**, Directorate of Sports, Panjab University, Chandigarh,
- **Physical Activity and Health, Role of Physical Education and Sports Society, February 17th -18th 2012**, Govt. College, Sector-1, Pachkula, Haryana,
- **Scientific Approach to Power Training, Special Reference to Sprinters,** Physical Education: A Holistic Approach of Success, **February 4, 2012**, Goswami Ganesh Dutt Sanatan Dharm College, Haryana, Hoshiarpur, Punjab
- **Comparative Study of Aggression among Hockey, Handball and Football Players** International Conference on Physical education recreation and yogic sciences, **January 19-21, 2012**, Dept. of physical education, BHU, Varanasi, UP
- **Aggressive behavior between Chandigarh and Punjab State Football Players : A comparative study Health Psychology and Rehabilitation: The Crisis among Youth and aged. October, 12th to 13th 2011.** Department of Psychology, P G Govt. College, Sec-46, Chandigarh
- **Parents Involvement in Sports** **Glove Trends of Physical Education and sports in 21st Century, April 2nd -3rd 2011**, Deptt. Of Physical Education , Noida College of physical education

- **Initiatives and achievement of Indian** National Conference on Re- Engineering and Benchmarking in Higher Education Sector in India: A Way Forward through ICTs, **March 19th 2011**, Dept. of Psychology, P G G C-11, Chandigarh
- **Comparative Study of Hip and Ankle Flexibility between Swimmers and Football Player**, National Conference on Physical Education: The Key for Holistic Inter Disciplinary Collaboration, **March 11th -13th 2011**, Dept. of Physical Education- TE&L, P G G C-11, Chandigarh
- **Music and Exercise**, National Conference on Physical Education in 21st Century. **February 25th -26th, 2011**. Mata Gujri College Fatehgarh Sahib, PB
- **Scientific Approach to Power Training**, National Conference on Physical Education as an Profession, **Feb. 11th -12th 2011**, Department of Phy. Edu. , Arya College, Ludhiana
- **Mental Toughness and Sports Performance**, National Conference on Global Trends in Physical Education and Sports, **January 25TH -26TH 2011**, S K R College of Physical Education Punjab
- **Athlete's Performance, Life Style by Time Management**, National Conference on Multidisciplinary Approach In Physical Education. **February 1st -2nd 2010**. Department of Physical Education, Punjabi University, Patiala
- **Communication Skills and Sports**, National Conference on Multidisciplinary Approach In Physical Education, **February 1st - 2nd 2010**, Department of Physical Education, Punjabi University, Patial
- **Mental Health of Women: Looking Ahead**, National Conference on Well Being in the Workplace: Search Synergy, **March 25th 2009**, Department of Psychology, GC-11, Chandigarh
- **Genetics and Sports Performance**, National Conference on Opportunities and Challenges in Phy. Education, **February 10th -11th 2009**, Department of Physical Education, Punjabi University, Patiala
- **Situating Dalit in North Western India in Modern Time**, National Seminar on Dalits in Historical Perspective in North Western India, **February 13th 14th 2009**, Department of History, GC-11, Chandigarh
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- **Mass Participation in Sports and Physical Activity**, National Seminar on Sports, exercise, Health Connections, **Feb. 29th & Mar. 1st -2nd 2008**, Department of Physical Education, Punjab University, Chandigarh
- **The Process of performance of Track Athletes: A Resonance based intervention**, National Seminar on Sports for All to develop Quality of Life, **March 24th-25th 2007**, Department of Physical Education Kurukshetra University
- **Fitness and Health related Carriers in Physical Education**, National Seminar on Sports for All to develop Quality of Life, **March 24th-25th 2007**, Department of Physical Education Kurukshetra University

Workshop/ Refreshers

- One Week National workshop on **Emerging Tools and Technology in Research**, **November 5th to 9th 2019**, Department of Information Technology, Tripura University
- One Week FDP on **Data Analytics using R Programming**, **July 31st to August 4th 2018**, Department of Information Technology, Tripura University and IIT Guwahati.
- One Week National workshop on **Research methodology and Operations of Statistical Package for the Social Sciences (SPSS) – A Step Towards Interdisciplinary Approach**, **October 14th to 20th 2013**, Department of Physical Education, PGGC, Sec-11, Chandigarh
- 3 Week Refresher Course in **Physical Education**, **August 13th to September 1st, 2012**, Academic Staff College, H.P. University, Shimla
- 3 Week Refresher Course in **Physical Education**, **June 23rd to July 13th, 2011**, Academic Staff College, Punjabi University, Patiala
- One Week Workshop on **Research methodology, Statistics and Use of SPSS**, **August 2nd to August 8th, 2010**, Education Department, Chandigarh Administration, Chandigarh
- 3 Week Refresher Course in **Physical Education**, **June 1st to June 20th, 2009**, Academic Staff College, H.P. University, Shimla
- Participated in Orientation Programme, **December 1st to December 28th, 2006**, Academic Staff College, Panjab University, Chandigarh

Membership/positions in learned academic bodies/organizations:

- Acting as Secretary, Tripura University Sports Board, Tripura University, Suryamaninagar.

- Acted as Head, Department of Physical education, Tripura University, Suryamaninagar.
- Acted as COURT member of Tripura University, Suryamaninagar.
- Acted as Academic Council member of Tripura University, Suryamaninagar.
- Acted as different committee members of Tripura University, Suryamaninagar.
- Founder member to introduce B.P.Ed, M.P.Ed, M Phil and PhD courses at Post Graduate Govt. College , Sector -11, Chandigarh
- Acted as different selection committee member of Chandigarh Administration, Chandigarh.
- Acted as Undergraduate Board of Studies (Faculty of Physical Education) member of Panjab University, Chandigarh.
- Acted as academic coordinator of B.P.Ed and M.P.Ed courses, PGGC-11, Chandigarh.
- Acted as Sports coordinator of PGGC-11, Chandigarh.
- Acted as Hostel Warden at PGGC-11, Chandigarh.
- Acted as NSS Coordinator of PGGC-11, Chandigarh.
- Acted as different committee member of PGGC-11, Chandigarh.
- Acted as Centre Superintendent of Panjab University Annual Examinations.
- Awarded as Sports Person promoter from Panjab University, Chandigarh.

Research Project

Nil

Research Supervisions

Sl. No	Name	Topic	Status
1	Amit Dhar	Comparative Study of Selected Anthropometric and Psychological Variables of North-Eastern Region University Football Players	Thesis Submitted
2.	Rupali Katoch	Modulation of Lactate Removal Pattern of Soccer Players with Perspective of Defenders and Attackers	Ongoing
3.	Pushpa	Role of Society towards the Promotion of Female Athletes in Tripura	Ongoing
4.	Sakshi Agarwal	An Analysis of Sports Facilities of Higher Educational Institutes of Tripura and their Participation in Various Competitions	Ongoing

Scholarship/ Award/Recognitions:

Nil

Other Information

- Delivered Lecture on **Secondary Data Collection** in 10 Days' Research Methodology Workshop, February 18th to 27th, 2019, Department of Business Management, Tripura University
- Delivered Lecture on **Naitalim: Gandhi's Vision of Education and Present Scenario – Advanced Teaching and Research Methods**, 21 Days Refresher Course, January 8th to 28th, 2019, FDC, Tripura University
- Delivered Lecture on **Reskilling of Indian Youth**, in 3 Days National Workshop, February 17th to 19th, 2019, Department of Library and Information Science, Tripura University and Centre for Counselling Psychology, Holy Cross College Agartala
- Delivered Lecture on **Induction Training of Faculty Programme**, September 4th to October 3rd, 2018, FDC, Tripura University
- Delivered Lecture on **Induction Training of Faculty Programme**, March 13th to April 11th, 2018, FDC, Tripura University